

# SUGAR CONTROL JUICE

Controls Sugar level naturally



750 ML



#### WHAT IS DIABETES?

Diabetes is a disease that occurs when your blood glucose, also called blood sugar, is too high.

Blood glucose is your main source of energy and comes from the food you eat.

Insulin, a hormone made by the pancreas, helps glucose from food get into your cells to be used for energy.

Sometimes your body doesn't make enough—or any—insulin or doesn't use insulin well.

Glucose then stays in your blood and doesn't reach your cells.

Over time, having too much glucose in your blood can cause health problems.

#### Type 1 and Type 2 Diabetes



#### **Type 1 Diabetes**

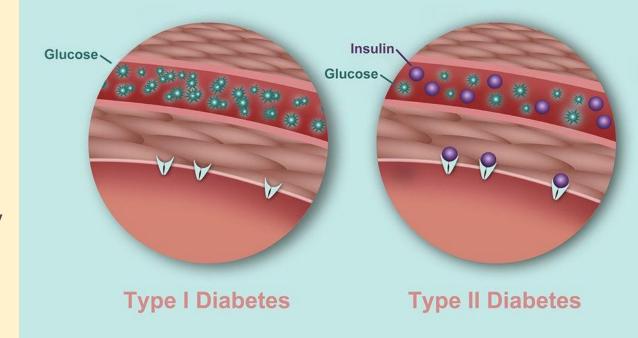
Type 1 diabetes is also called insulin-dependent diabetes. It used to be called juvenile-onset diabetes, because it often begins in childhood.

Type 1 diabetes is an autoimmune condition. It happens when your body attacks your pancreas with antibodies. The organ is damaged and doesn't make insulin.

#### **Type 2 Diabetes**

Type 2 diabetes used to be called non-insulindependent or adult-onset diabetes. But it's become more common in children and teens over the past 20 years, largely because more young people are overweight or obese. About 90% of people with diabetes have type 2.

When you have type 2 diabetes, your pancreas usually creates some insulin. But either it's not enough or your body doesn't use it like it should. Insulin resistance, when your cells don't respond to insulin, usually happens in fat, liver, and muscle cells.



#### WHAT HEALTH PROBLEMS CAN PEOPLE WITH DIABETES DEVELOP?

Over time, high blood glucose leads to problems such as

- Heart Disease
  - Stroke
- Kidney Disease
- Eye Problems
- Dental Disease
- Nerve Damage
- Foot Problems

## Diabetes

Adults with diabetes have a two- to three-fold increased risk of heart attacks and strokes

Combined with reduced blood flow, neuropathy (nerve damage) in the feet increases the chance of foot ulcers, infection and eventual need for limb amputation.

Diabetic retinopathy is an important cause of blindness, and occurs as a result of long-term accumulated damage to the small blood vessels in the retina. 2.6% of global blindness can be attributed to diabetes

Diabetes is among the leading causes of kidney failure



#### **KEY FACTS AS PER W.H.O**

The number of people with diabetes has risen from 108 million in 1980 to 422 million in 2014.

The global prevalence of diabetes among adults over 18 years of age has risen from 4.7% in 1980 to 8.5% in 2014 .

Diabetes prevalence has been rising more rapidly in middle- and low-income countries.

Diabetes is a major cause of blindness, kidney failure, heart attacks, stroke and lower limb amputation.

In 2016, an estimated 1.6 million deaths were directly caused by diabetes. Another 2.2 million deaths were attributable to high blood glucose in 2012.

Almost half of all deaths attributable to high blood glucose occur before the age of 70 years. WHO estimates that diabetes was the seventh leading cause of death in 2016.

Healthy diet, regular physical activity, maintaining a normal body weight and avoiding tobacco use are ways to prevent or delay the onset of type 2 diabetes.

Diabetes can be treated and its consequences avoided or delayed with diet, physical activity, medication and regular screening and treatment for complications.



#### Introducing

# EVA SUGAR CONTROL JUICE

Herbal formulation for controlling Sugar



This has a few active substances with anti- diabetic properties

Being incorporated with natural herbs this may

- ✓ Provide general strength rejuvenate the body
- ✓ Control sugar levels and prevent diabetic complications
- ✓ Accelerate wound healing



Diabetic Cure- This Juice is a unique combination of nutritional rich and rare fruits and herbs. The combined effect of this formula helps to control/balance blood sugar levels effectively without any adverse side effects

- ✓ Its ingredients have their own nature to help/ prevent/ control any ailment or problems in one or other way on as described in Ancient Indian herbs
- ✓ Aloe vera is known to stimulate insulin secretion and has blood sugar reducing properties
- ✓ Karela, Jamun and Gurmar are known as destroyer of Sugar





#### Indian Blackberry/ Jamun/ Syzgium Cumini

Jamun is believed to be of special use in treatment of diabetes. In Unani and Ayurvedic systems, it is used for digestive disorders. The leaves, bark, and seeds are the most useful parts among which the seeds are popular for their anti diabetic properties.

The key ingredient that shows anti-diabetic action is jamboline (a chemical) in the seeds. Extracts of the bark, seeds and leaves have been found to cause a marked prolonged decrease in blood sugar and glycouria (sugar in urine).

Several studies have shown that jamun has hypoglycemic effects with up to 30 percent reduction in blood sugar. Seeds are rich in alkaloids which have the hypoglycemic effects.





#### Bittergourd/ Karela/ Mormordica Charantia

Karela juice is an excellent beverage for diabetics. Bitter gourd helps regulate the blood sugar level in your body.

According to studies, bitter gourd has a few active substances with anti-diabetic properties. One of them is charantin, which is famous for its blood glucose-lowering effect.

Bitter gourd contains an insulin-like compound called Polypeptide-p or p-insulin which has been shown to control diabetes naturally.

These substances either work individually or together to help reduce blood sugar levels.





#### **Indian Goose Berry/Amla/Emblica Officinalis**

Amla is known for its immunity-boosting properties and is known to be a great remedy for diabetes

According to the University of Maryland Medical Center, amla is an effective traditional remedy to prevent pancreatitis. Insulin, which is produced in pancreas, is important to keep blood sugar levels in check

Amla comprises chromium, a mineral that regulates carbohydrate metabolism and is said to make the body more responsive to insulin, further keeping the blood sugar levels in check.

Amla's benefits are attributed to the presence of vitamin C, which is a powerful antioxidant. A study published in the *Archives of Internal Medicine* noted that there is a significant association between vitamin C levels and diabetes

Research suggests that oxidative stress in the body is the underlying cause of conditions like diabetes and related diseases. The antioxidants in amla reverse the damaging effects of oxidation, further helping you deal with diabetes





#### **Gymnema sylvestre/ Gurmar/ Sugar Eater**

Gymnema sylvestre leaves contain triterpenoid saponins, flavonols, and gurmarin. Triterpenoid saponins, have the effect of suppressing the taste of sweetness on the tongue from sugar, stevia and artificial sweeteners such as aspartame.

A study published in the Journal of Asian Natural Products Research, tried to investigate Antihyperglycemic effects of gymnemic acid IV, a compound derived from Gymnema sylvestre leaves in diabetic mice.

The study noted that gymnema extract if taken orally along with insulin or diabetes medications, it could lead to blood sugar reduction in people with type 1 or type 2 diabetes is enhanced.

Previous studies have also shown how Gymnema sylvestre extracts may play an instrumental role in reducing cravings for sugar.





#### Terminalia Chebula/ Chebulic Myrobalan/ Haritaki

Terminalia chebula (Combretaceae) has been widely used in Ayurveda for the treatment of diabetes.

As per recent studies, the chloroform extract of *T. chebula* seed powder was investigated for its antidiabetic activity in streptozotocin-induced diabetic rats using short term and long term study protocols.

These findings suggested further investigations for the possible use of the aqueous extract of fruits of T.chebula for the treatment of diabetes.

It has been used since ancient times as a remedy for a number of conditions, including heart disease, asthma, ulcers and stomach ailments

Haritaki contains phytochemicals such as terpenes, polyphenols, anthocyanins and flavonoids, all of which have powerful health benefits.





#### Terminalia Belerica/ Bahera/ Bibhitaki

Bibhitaki is also commonly used in Ayurvedic medicine to treat diabetes and blood sugar dysregulation. This is because Bibhitaki is high in gallic acid and ellagic acid, two phytochemicals that have beneficial effects on blood sugar levels, insulin sensitivity and body weight These plant chemicals help promote insulin secretion from the pancreas and have been shown to reduce high blood sugar and improve insulin resistance in animal studies





#### **Aloe Vera Barbedensis**

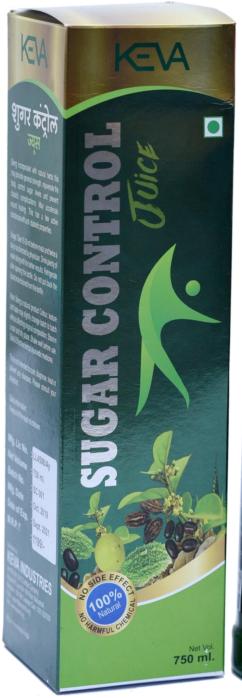
A new study highlights the anti-diabetic effects of aloe vera. The plant has been found to reduce blood sugar levels, which can be helpful for patients suffering from type 2 diabetes.

Regularly taking aloe vera stimulates the secretion of insulin, which is particularly useful for people suffering from diabetes.

These positive effects are thought to be due to the presence of compounds such as lectins, mannans and anthraquinones.









### E\A Health Benefits



May help control and normalize the blood sugar levels



Regular use can help in controlling Diabetic conditions and help in increasing immunity



Combined effect of this formula helps to control blood sugar levels. All the herbs are known to stimulate insulin secretion and have blood sugar reducing properties







#### **USAGE**



### TAKE 15-30 ML BEFORE MEAL AND TWICE A DAY OR AS DIRECTED BY PHYSICIAN

- Drink plenty of water along with for better results
- Refrigerate after opening the bottle
- Do not put the liquid once drained from the bottle
- Store in a cool and dry place
- Shake well before use

Note: This product is not intended to treat, prevent or cure any disease. Please consult your healthcare professional.



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